



## Your GPs are:

### PARTNERS:

Dr Richard Gillings

Dr Sarah Wigmore

Dr Kate Rawling

Dr Carrie Saunders

Dr Jillian Drury

### SALARIED GP's:

Dr Helen McGeown

Dr Jocelyn Stevens

Dr Tom Cutts

Dr Heather Cox

Dr Emma Patch

Dr Harriet Muray

### PRACTICE BUSINESS MANAGER:

Cara Fynn

### DEPUTY PRACTICE MANAGER:

Jo Curnow

You can find us on

Facebook



Staying safe when it is hot

## Sun Safety!

Summer is upon us and while we hope everyone is enjoying the sunshine; it's important to enjoy safely. Here are our top tips to help you and your family enjoy the sunshine!

- Spend some time in the shade between 11am and 3pm
- Cover up with suitable clothing and sunglasses
- Use at least factor 30 sunscreen
- Never allow yourself to burn
- Take extra care with children

Protecting your skin from the sun can help reduce your chance of developing skin cancer in the future! For more advice please check out the NHS website here:

[www.nhs.uk/sun](http://www.nhs.uk/sun)

**NHS**

**If you live with a long-term condition, you could save money on your prescriptions**

A Prescription Prepayment Certificate will save you money if you pay for more than three items in three months, or 11 items in 12 months.

**NHS**

**Dehydration can happen more easily if you have:**

- diabetes
- vomiting or diarrhoea
- been in the sun too long (heatstroke)
- drunk too much alcohol
- sweated a lot after exercising
- a high temperature
- been taking medicines that make you pee more (diuretics)

## Could you save money on prescriptions?

If you have to pay for your prescriptions you could save money by prepaying for them. If you pay for prescription items individually you pay £9.90 per item, but if you need more than 3 items in 3 months or more than 11 items a year you could save money by buying an NHS Prescription Payment Certificate (PPC).

A PPC costs £32.05 for 3 months or £114.90 for 12 months. The PPC covers all the prescription items you need in the period.

You can buy a PPC online at <https://www.gov.uk/get-a-ppc> or by phoning 0300 3301341.

If you have prescriptions for hormone replacement therapy you could save more by buying an HRT PPC. To see if you are eligible for HRT PPC please see <https://www.nhs.uk/help-nhs-prescription-costs/nhs-hormone-replacement-therapy-prescription-prepayment-certificate-hrt-ppc>

## Surgery

### Opening Times:

8.00am—6.30pm

Both telephone calls and face to face appointments are available

We also offer early morning and evening appointments. Please see website for details.



Please help our reception team by remembering test results can only be given out between **12 and 4pm daily**



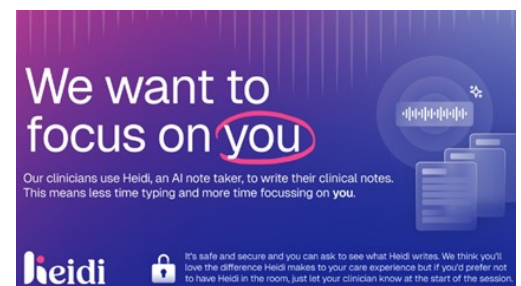
Cervical screening is moving from 3 to 5 year intervals for those aged 24-49 who are at low risk of developing cervical cancer. Anyone who has had a recent history of an HPV positive test, or any changes to cells, may also be followed up more often – even if they are negative on their next test.

This decision is based on strong clinical evidence and recommended by the UK National Screening Committee, bringing England into line with Scotland, Wales and other countries across Europe.

## NEW Clinical Dictation Tool

To enhance our service, we have introduced a pilot of the use of Heidi, an AI-powered medical scribe designed to record consultations, which are then checked by the clinician and downloaded into your record allowing the clinician to spend more time with you instead of having to type notes. The consultation is **not** saved in the Heidi system. The clinicians are finding this very useful and hope you will see the benefits too.

Please note we do need your consent to use this during your consultation.



## Weight Loss Prescribing

### Private Weight Loss Prescribing

Our practice has been receiving requests from private providers to review patient notes to ensure it is safe for them to prescribe weight loss medications including, but not limited to Wegovy, Saxenda or Mounjaro.

### Responsibility for prescribing Clinician

When a private provider asks us to review your medical record, this implies that our we are taking responsibility for prescriptions initiated by other organisations. This is not the case as General Practice is under extreme pressure and is not able to take on non-nhs work.

Please provide information from your NHS app to your private provider so they may make this clinical decision.

### Weight loss Medication on the NHS

Once this has been rolled out to Primary Care we will contact those eligible patients. For 2025/26 patients will need to have a BMI over 40 plus have at least 4 of following comorbidities:

- Hypertension
- Dyslipidaemia
- Obstructive sleep apnoea
- Cardiovascular disease
- Type 2 Diabetes Mellitus



Contact Number: 0117 9493988

Email us at [bnssg.priory.surgery@nhs.net](mailto:bnssg.priory.surgery@nhs.net) or visit [www.priorysurgerybristol.co.uk](http://www.priorysurgerybristol.co.uk)