



**Your GPs are:**

**PARTNERS:**

Dr Richard Gillings

Dr Sarah Wigmore

Dr Kate Rawling

Dr Carrie Saunders

Dr Jillian Drury

**SALARIED GP's:**

Dr Hilma Starostina

Dr Helen McGeown

Dr Jocelyn Stevens

Dr Tom Cutts

Dr Heather Cox

**PRACTICE  
BUSINESS  
MANAGER:**

Cara Fynn

**DEPUTY  
PRACTICE  
MANAGER:**

Jo Curnow

You can find us on

Facebook



## Spring COVID Booster

We will be starting our Spring COVID Booster Campaign from Mon 22nd April. We will be contacting eligible patients over the next few weeks.



**Eligible Patients:**

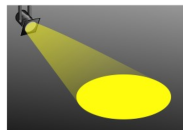
- Adults aged 75 years and over (including anyone who will turn 75 by 30 June 2024)
- Residents in Older Adult Care Homes
- Individuals aged 18 years and over who are immunosuppressed

Housebound patients that fall into one of the above groups ONLY are also eligible for a vaccination.

The end date for this campaign is 30th June!

## Staff Updates

Dr Starostina will be leaving us at the end of March to start a new adventure in Australia! We would like to say a big thank you for her hard work and hope you will join us in wishing her all the best for the future!



## Introducing New Practice Staff

### Mental Health And Wellbeing Coach (MHWC) - Demetrio Musu

The role of the mental health and wellbeing coaches is to see patients who have mental and emotional health needs which do not meet the threshold for the mental health practitioner. This includes support for people struggling with panic/anxiety, low self-esteem, bereavement/loss/grief impacting on their mood, depression/low mood, sleep hygiene and chronic pain.

We offer a 40 minute appointment for new patients for initial assessment and agreement of a personalised care plan to address the patient's emotional health and wellbeing needs. Patients will be offered up to five follow up appointments.

Please remember to treat our Patient Navigation team with respect. They are here to help you and book you in with the most appropriate Clinician

### Surgery Opening Times:

8.00am—6.30pm

Both telephone calls and face to face appointments are available

We also offer early morning and evening appointments. Please see website for details.



Please help our reception team by remembering test results can only be given out between **12 and 4pm daily**

# Newsletter March 2024



## Missed Appointment Statistics

During the months of December, January and February we had a total of almost **400 missed appointments**. These breakdown as:

- 64 GP/ANP appointments
- 298 Nursing team appointments
- 32 Other appointments (Physio, Mental Health and Wellbeing Coach, Social Prescriber, etc)

Please help us if you are unable to attend a booked appointment by clicking the link in the text appointment reminder or contacting the surgery to let us know as soon as possible so that we can offer the appointment to another patient.



## Hay fever Treatment

All high strength treatments for hay-fever are now available to purchase at your local pharmacy. Since 2022 GPs have not been able to give routine prescriptions for hayfever treatments. This is in accordance with local and national NHS Guidelines.

Patients are advised to speak to your local pharmacy team for support and clinical advice about the treatment options available, including:

- \* Antihistamine tablets and syrups: good at preventing symptoms of hay fever when taken at the start of the day
- \* Antihistamine nasal sprays: can be used instead of, or in addition to, tablets to prevent nasal symptoms
- \* Steroid nasal sprays: can be used in addition to preventer medication to treat symptoms. Note, they can take approximately three days to begin to work
- \* Nasal inhalants: helpful to ease nasal congestion
- \* Eye drops: helpful to ease itching or dry eyes

For further information: [www.nhs.uk/conditions/hay-fever](http://www.nhs.uk/conditions/hay-fever)



Pharmacy First

## Pharmacy First

Pharmacy First will enable community pharmacists to supply prescription-only medicines, including antibiotics and antivirals where clinically appropriate, to treat seven common health conditions without the need to visit a GP. You can get treatment for these conditions by walking into the pharmacy or contacting them virtually. GP receptionists, NHS 111 and providers of emergency care will also be able to direct patients to pharmacies, that offer the service, if contacted. The seven common health conditions are:

- Sinusitis
- Sore throat
- Earache
- Infected insect bites
- Impetigo (a bacterial skin infection)
- Shingles
- Uncomplicated urinary tract infections in women aged 18-64 years

Contact Number: 0117 9493988

Email us at [bnssg.priory.surgery@nhs.net](mailto:bnssg.priory.surgery@nhs.net) or visit [www.priorysurgerybristol.co.uk](http://www.priorysurgerybristol.co.uk)